



***The English Express I™ Basic English Programme***

This is a 2-day intensive programme for support staff and lower management employees who require basic English language skills. It is the first part of the 3-part *The English Express™* English Programmes.

***Course Objective***

Many people have a poor command of the English language because they are trapped in a negative reinforcing cycle caused by the fear of the language (fear → do not use English → lack of confidence/experience → fear). This programme aims to break this cycle by encouraging participants to use English. The participants will learn (or refresh their memory on) some basic grammar and have a lot of practise speaking English. At the end of the programme, they will be able to communicate confidently in English despite making some mistakes.

***Course Methodology***

This programme employs adult learning techniques which include active learning strategies to facilitate understanding and retention. Participants will spend 80% of the time in individual or group activities which allow them to learn, develop and practise English language skills. A pre-test and a post-test (on grammar) are administered to gauge the participants’ retention. A simple workbook is used to facilitate the programme. The number of participants is limited to 15 to ensure personal attention for each participant.

***Course Syllabus***

<p><i>Module 1</i>  <b>Overcoming the Fear of the English Language</b> – commitment &amp; promise</p>	<p><i>Module 2</i>  <b>Stand Up and Speak</b> – taking the first step</p>
<p><i>Module 3</i>  <b>Subject-Verb Agreement</b> – the fundamental rule of English grammar</p>	<p><i>Module 4</i>  <b>In the Office</b> – common words and phrases to use in office conversations</p>
<p><i>Module 5</i>  <b>Simple Present &amp; Present Continuous, Simple Past &amp; Past Continuous</b> – the most basic English tenses</p>	<p><i>Module 6</i>  <b>At the Service Counter</b> – common words and phrases to use in conversation with customers</p>
<p><i>Module 7</i>  <b>Adjectives</b> – descriptive vocabulary &amp; comparisons</p>	<p><i>Module 8</i>  <b>Drama / Debate / Group Presentation</b> – ending the programme with fun</p>

## Course Timetable

Time	1 <sup>st</sup> Day	2 <sup>nd</sup> Day
9.00-10.45 a.m.	Pre-test Overcoming the Fear of the English Language (M1)	Simple Present & Present Continuous, Simple Past & Past Continuous (M5) Exercises
10.45-11.00 a.m.	<i>Tea Break</i>	
11.00 a.m.-12.45 p.m.	Stand Up and Speak (M2) Individual Practice	At the Service Counter (M6) Group Activity
12.45-1.45 p.m.	<i>Lunch</i>	
1.45-3.15 p.m.	Subject-Verb Agreement (M3) Exercises	Adjectives (M7) Exercises
3.15-3.30 p.m.	<i>Tea Break</i>	
3.30-5.00 p.m.	In the Office (M4) Group Activity	Drama / Debate / Group Presentation (M8) Group Activity Post-test

We are also able to tailor *The English Express I™* programme to the specific needs of your organization. Please contact our training consultant for an appointment.

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